



# WESTINGHOUSE SURE NEWS

[www.westinghousesure.org](http://www.westinghousesure.org)

Issue No. 92

A Publication for Westinghouse Retirees

January 2008

## The President's Message

Howard Finney

(724) 834-3450

[howfinn@comcast.net](mailto:howfinn@comcast.net)

I hope all of you had a Merry Christmas and a joyous Holiday Season. I also hope we all have a healthy and prosperous New Year.

SURE will experience approximately a 10% reduction in volunteer hours and approximately a 15% reduction in active volunteers for the year 2007. This reduction is due to some projects coming to a close and the aging of our volunteers. On page 7 is a listing of current SURE projects. Please consider volunteering for any of these worthwhile projects. If you wish to become involved in SURE, you are welcome to attend our monthly Board meetings. The meetings are held at 12:45 p.m. following the Financial Roundtable the second Wednesday of each month.

With the closing of the George Westinghouse Museum, two SURE projects will end. We offer our sincere thanks to Jim Sutherland and the dedicated Docents who volunteered so many years to support the Museum.

On a brighter note, our membership continues to grow and the Quality of Life Technology Project has been well received. Twenty-five members have indicated an interest in becoming a participant of this exciting project. If you are interested, please contact Maury Fey, Project Coordinator. Maury is scheduling a kick off meeting in January.

Congratulations to Bryan Werner, SURE's Spotlight Award winner for this month. Please read the article detailing his volunteer efforts in this issue of the Newsletter.

The trip to Akron for the Christmas show at the Akron Civic Center was a huge success. I am certain that all of you who attended thoroughly enjoyed the show and the beauty of the Civic Center. The Alps trip scheduled for 2008 is sold out. Gerry Angel has developed a waiting list. Thanks Gerry for a great trip to Akron.

The December Financial Roundtable was well attended. Mr. Don Berdine is always a great presenter with his well-timed presentations. If you have not attended any of the Financial Roundtables, you owe it to yourself to make a New Year's resolution to do so. Bob Miller and Walt Dollard do an outstanding job in coordinating the roundtables. It was very encouraging to see some new faces at the December Financial Roundtable. I hope they return.

If you haven't sent in your 2008 dues, please do so as soon as possible. Your mailing label indicates your dues status. Please continue to spread the word about SURE.

In closing, we still are cheering for John Senko to win the Jefferson Award for outstanding volunteer effort in Western PA. The award will be announced in January. John has been very active in computers for seniors at the Latrobe Senior Center.

**Westinghouse SURE News**

Published six times a year

**Editors:** John Skooglund & Bob Plummer**Editor Emeritus:** Bill Singley**SURE Officers**

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GWRTP Room 401-3X43

1349 Beulah RD

Pittsburgh PA 15235-5069

Telephone: (412) 256-2860

(If no answer please leaves a short message, we will return your call.)

**Daffodil Days**

Joan Pollitt

(412) 271-1503

We are once again recruiting volunteers to sell daffodils during Daffodil Days, in support of the American Cancer Society. We will be at the Century III mall on March 28 and 29. There are three shifts per day: 10 AM to 2 PM, 2 PM to 5 PM and 5 PM to 8 PM.

Please call Joan to select your shift.

**Trips & Tours**

Joan Pollitt

(412) 271-1503

**AMADEUS****Westinghouse SURE Theater at the O'Reilly Theater.****February 16, 2008, matinee, 2:00PM**

One of the triumphant successes of modern theater, Amadeus brings the dazzling legend and music of Mozart to thrilling life. Part biography, part murder mystery, this five-time Tony Award-winner pits the envious composer, Salieri, against the young genius,

Mozart, in a fight to the finish with 18<sup>th</sup> -century Austria as the dramatic background.

**\$30 per person, Pick Up Tickets at the door!****Please send a check payable to (W) SURE and mail to:**

Joan Pollitt

370 Barclay AVE Pittsburgh PA 15221

**Last call! Reservation deadline is January 15, 2008****Healthcare Program Advance Notice**

Gerry Angel, R.N., PhD

(412) 563-1416 LTC@gerryangel.com

**A special healthcare program will be held on June 11, 2008, 9:30 a.m. until 12 Noon.** (the morning of the SURE Annual Meeting) in the Building 401 Auditorium.

Highlighted will be a nationally known physician from the University of Pittsburgh Institute on Aging and an exceptional nurse faculty/researcher from the University's nationally ranked School of Nursing. Dr. Judy Matthews will show visuals and explain her research on the use of a nurse-robot, which has the potential to enable individuals to "age in place" in

their own residence. Her research, for the past seven years, is done in conjunction with the Pitt/CMU Quality of Life Technology Center and the CMU Robotics Institute.

Additionally, overviews will be presented, and there will be representatives from the University of Pittsburgh Center for Healthy Aging and the Institute on Aging's Staying-at-Home Program.

This should be a fascinating and informative program for all. All SURE members are invited, including guests.

## Spotlight Award for January

Marv Chidester, Projects Coordinator  
(412) 271-8426 mbchidester@verizon.net

**H. Bryan Werner** is our Spotlight Award Volunteer for January. He comes highly recommended by Efreem Schwartz, our Internal Revenue Service project coordinator, and although he does other volunteering, he is being honored for the 5948 hours he has logged with SURE while volunteering for the IRS and APPRISE projects. Thanks for helping to make our community a better place.

Bryan is a native Pittsburgher, but was raised in windy Buffalo when his engineer dad transferred to the new Westinghouse plant there. (His dad designed the suspension that made the Westinghouse Laundromat possible). He returned to Pittsburgh to attend Carnegie Tech, attaining BS degrees in Electrical Engineering and Physics, and then an MS in EE from Pitt.

Bryan's history with Westinghouse began as an engineering assistant at the Buffalo Controls Division during his undergraduate summer vacation periods. After graduation from Carnegie Tech, Bryan joined the New Products Division in Cheswick. Bryan remembers running programs with punched paper tape on their "modern" computer during design work on specialty instrumentation. He then moved to the R&D Center in the Acoustics Department, and then to the Sound Lab in Edgewood applying noise reduction techniques to Westinghouse products.

From there Bryan took over management of the R&D Standards Laboratory, which calibrated the measurement standards for most Westinghouse

Divisions. During that period he became an officer and then President of the National Conference of Standards Laboratory, an international organization furthering "metrology," the science of measurements. He was instrumental in establishing the nation's pioneer degree program for metrology technicians, set up at the Butler County Community College.



H. Finney M. Chidester B. & Nancy Werner E. Schwartz

In his last years before retirement, Bryan transferred to the Nuclear Fuels Division at Blairsville as manager of the testing and mechanical calibration labs. After modernizing both labs, Bryan took over the job of the plant's interface with the myriad customer and government auditors in the fields of quality and safety.

During his studies at Carnegie Tech, Bryan met his wife to be, Nancy Fowler, who was attending Indiana Teachers College. They were engaged for four long years, waiting for graduation, to tie the knot. Now with three children and three granddaughters, they are looking forward to their 48<sup>th</sup> wedding anniversary next June.

During college Bryan spent some time with St. Stephen's Episcopal Church in Wilkinsburg calling on parishioners as he considered studying for the ministry. He completed some studies, but decided to stay with Westinghouse and do ministry as a freelance sideline. That ministry has included leading music and hospital visitations, and more recently active involvement in a Blairsville Promise Keepers group and presiding over a Compassion

Committee at their present church, St. Martin's Episcopal in Monroeville.

Bryan's good friend Efrem Schwartz got him interested in the volunteer tax program just a month before he retired. Bryan took some time in his last working month to go to tax class and get certified, retired Feb 1, and that same week started doing volunteer tax preparation.

His "taxing" volunteerism expanded four years ago to his current position as the Technology Specialist for the AARP Tax Aide program for the western half of Pennsylvania. That changed time involvement from three months in the spring to a year around job. It involves over 250 computers plus printers, network gear, coordinating the IRS software used on those computers, and coordinating trouble shooting for all of these. Last year this resulted in over 18,000 e-filed taxes, all a free service primarily for older citizens. In addition to federal and state taxes, many were helped with rebates for rent or real estate taxes, and with PACE application.

An advantage of the volunteer aspect for the tax program is that extra time can be taken for helping someone who needs it but for whom paying for such service would be a severe hardship. As Bryan jokes, "We're free ... and worth every penny".

Bryan and Nancy have taken to traveling to strange and not so strange places. They were in Hungry, Croatia, Serbia, Bulgaria, and Romania (including Transylvania) in November 2007, and in the past few years have traveled to Australia, New Zealand, Fiji, Iceland, Germany, Holland, Belgium and the North Pole, as well as Yellowstone in February to photograph wolves, and to Churchill, Manitoba to watch the Polar Bears. They're not sure where their next travel will be, but digital and video cameras are sure to follow.

## **Are You Sad?**

Annette R. Karnash, R.N., B.S.N., M.N.  
(724) 941-7473

As daylight dwindles and the dark days of winter are upon us, many people begin to eat and sleep more. Some may experience irritability, daytime drowsiness, fatigue, cravings for sweets and starches, poor concentration, diminished sex drives and withdrawal from social contacts, from late

autumn until spring. These are symptoms of an affective mood disorder characterized by depression related to certain seasons of the year, namely winter, when days are shorter and clouds reduce exposure to the sun. Thus the name Seasonal Affective Disorder (SAD). This condition can also be triggered by mold and pollen and a monthly cycle of depression may be associated with hormonal imbalance especially in women.

Five to ten percent of the adult population suffers from this disorder, affecting women four times more than men, with a tendency to run in families. It is seen more in northern climates. SAD results from an inadequate amount of sunlight.

The body's internal clock, known as the circadian system, is regulated by the pineal gland, controlled by the presence or absence of external light. It coordinates the biological events of the body. Melatonin, the chief hormone of the pineal gland, is only produced during darkness because its production is inhibited by light. What does melatonin do? It has a sedative effect, helps reduce anxiety, panic disorders and migraines, induces sleep and is a primary regulator of the immune system.

When one ignores the 24-hour dark-light cycle and keeps irregular hours and times of rest, the body's internal rhythms go awry. The number of hours one sleeps is less important than when one sleeps in respect to daylight. Those who work the night shift or rotating shifts have a higher incidence of heart disease, respiratory problems, back problems, ulcers and sleep disorders. They have a higher rate of errors, accidents, and have diminished alertness and ability to make decisions. Many of you may have experienced jet lag as you travel between time zones caused by the upset of the body's internal clock. Some airports are currently considering the installation of full spectrum lights in their lounges to help passengers adjust to their destination time zone.

Poor light poses a serious threat to health. In order to maintain good health, it is important to be exposed to the full wavelength spectrum found in natural sunlight. Artificial lighting lacks the balanced spectrum of light and interferes with the body's absorption of nutrients, called malillumination. Windows, windshields, eyeglasses, smog and suntan lotion all filter out parts of the light spectrum and contribute to this problem.

Malillumination can cause fatigue, hostility, tooth decay, strokes, hair loss, skin damage, alcohol and drug abuse, cancer, Alzheimer's, suppressed immune function, depression and loss of muscle tone and strength.

It is believed that in the dark days of winter, many individuals produce too much melatonin, the sleep-regulating hormone. The lack of sunlight decreases levels of serotonin, a neurotransmitter, which influences mood. Melatonin levels are found to be very high in patients suffering from Seasonal Affective Disorder.

Treating SAD with a daily exposure to bright artificial light until springtime has been known to eliminate symptoms. Sitting in front of the light box angled toward the face emits 10,000 lux (20 times brighter than normal indoor light) for ½ hour each morning upon awakening is effective in 60-90% of the patients, with few side effects. The head and eyes are to be directed toward the light while reading or doing other things, but should never be looking directly at the light. Light visors can be mounted to the head, allowing for mobility and dawn simulators that gradually increase the lighting in the bedroom as one sleeps are devices used to treat Seasonal Affective Disorder. Light therapy devices available without a prescription sell for between \$200-\$400. If a physician recommends this treatment, insurers most often will cover the cost.

Medications such as Zoloft, Prozac, Paxil and Effexor are effective in treating SAD. In addition, individuals should spend as much time as possible outside and when inside should sit near a window for a period each day. Taking a winter vacation in a sunny climate is recommended. Regular physical exercise, especially outdoors, is a natural antidepressant. Every attempt should be made to resist overeating especially sweets and starches. Relaxation techniques like meditation, yoga, guided imagery, massage and deep breathing help to balance the emotions. Or simply enjoy the feeling of snowflakes on your cheeks when the sun shines brightly on the new fallen snow as you venture out for a pleasant short winter walk. Incorporate these daily activities and you won't be SAD. Let the sun shine into your life and be happy.

## From the Desk of Bob Miller – FYI

(412) 242-6256 millerri2@verizon.net

### 10 New-Year resolutions:

1. Confirm that your **IRA, 401k and Insurance beneficiaries** are up-to-date with correct spellings, addresses and social security numbers. When administrators up-date records or change computers, not everything gets correctly transposed, errors occur that may alter beneficiaries or make it difficult and costly for them to get final possession of your assets.
2. Make an updated list of your **medications** (dosage and time to be taken) and post it in at least three places plus a copy on your purse or wallet.
3. Obtain and carefully check all three of your free **credit reports** and correct any errors.
4. Know how to place a **fraud alert** on your credit report if you suspect or have evidence of ID theft.
5. Make a list of the **locations** of all your important papers; will, insurance, military discharge, property deed, automobile titles, birth certificates, marriage certificate, broker(s), powers of attorney, cemetery plot, and the key to bank lock box.
6. Lose a few **unnecessary pounds** by eating a second breakfast instead of lunch.
7. Show your spouse and children how to calculate the **required minimum distribution** from your IRA or 401k, and explain how they must handle your inherited IRA so that it will be "stretched" over their lifetime.
8. Remember to get a **"yellow card"** from your auto insurance company before driving to Canada, and remember to get **passports** if you plan to visit Canada in 2008.
9. Make a list of all your **passwords & PIN numbers** and what they are associated with and place it in your safe deposit box or other safe location, and tell your beneficiaries where you put the list. This list must be updated at least annually.
10. Place all the **cards from your wallet** on a copier. Copy both sides of the cards in the same order and make 3 copies and keep in different locations.

**2007 Federal Tax Reminders** Starting with 2007 returns, donors are required to document **any cash**

**donations** they make to churches or other charities, **no matter how small**. That means having a canceled check, a bank record or receipt with the group's name and donation amount. IRS is not expected to process returns until mid Feb., since lawmakers, as of press time, haven't passed a "fix" for the AMT. And, the IRS will be reducing the "float" on checks mailed with income tax returns. It will convert your check into direct debits so it gets the money right away.

**Free personal record booklet** – an excellent resource with lots of suggestions for next of kin. Call the USAA Educational Foundation, 800-531-1231, ask for publication No.506, or order at [www.usaaedfoundation.org](http://www.usaaedfoundation.org). You do not need to be a member of USAA to get their materials, and you can get free extra copies.

**Free Credit Reports** – order, on-line at [annualcreditreport.com](http://annualcreditreport.com), or call 1-877-322-8228, or complete the Annual Credit Report Request Form and mail it to: Annual Credit Report Request Service, P.O. Box 105281, Atlanta, GA 30348-5281

**Suspect or have evidence of fraud?** Place a **Fraud Alert** on your three credit reports, by calling any of the three credit bureaus and they will notify the other two. The **initial fraud alert** stays in your file for at least 90 days. An **extended fraud alert** stays in your file for seven years. To place either of these alerts, the credit reporting company will require you to provide appropriate proof of your identity, which may include your Social Security number. If you ask for an extended alert, you will have to provide an identity theft report. An identity theft *report* includes a copy of a report you have filed with a federal, state, or local law enforcement agency.

The three credit bureaus are: **Equifax**: 800-525-6258, **Experian**: 888-397-3742 and **TransUnion**: 800-680-7289

**How old are your tires?** Every tire has a Department of Transportation (DOT) number following the letters on the sidewall. The last four digits are the week and year the tire was made; e.g., the digits 2204 would signify the tire was made during the 22nd week of 2004. Don't buy tires more than a couple of years old. Tires can degrade with age.

**Lower auto insurance costs** Tell your insurer how many miles you drive per year and ask for a low mileage discount. Take the AAA or AARP senior driving course every 3 years to lower auto insurance costs. No actual driving – primarily classroom videos and review of laws.

**Protect social security number when in the hospital.** If your social security number is printed on your wristband or your bed chart, ask to have it removed or only the last 4 numbers exposed.

**Final Social Security check** Your descendant or your bank must return the check received in the month of death.

**RMD in year of death** If the deceased was of age to require an RMD, you need to be sure his/her RMD has or is taken for the year of death.

**ID Thieves read obituaries** When preparing an obituary; omit the date of birth; and if female, don't include maiden name, as that may be a password for financial accounts of her children and grandchildren.

**Warranty protection;** When you purchase a major appliance, copy the receipt, staple or scotch tape it inside the instruction manual, and put them in a plastic bag, taped to the side or back of the appliance. When you have problems, you'll have the purchase date and warranty handy

## **George Westinghouse Museum**

John W. Skooglund

(724) 863-2891

[jwskoog@aol.com](mailto:jwskoog@aol.com)

As many of you know, the George Westinghouse Museum has been merged with the Heinz History Center and the archives have been moved from Wilmerding to Pittsburgh. On the following two pages is a listing of the active SURE projects.

The two Museum projects are no longer active, and their contributions will be missed. During the period that SURE volunteer hours were recorded, these projects represent 32,247 hours.

**Special thanks to Jim Sutherland and the docents who supported the Museum for so many years!**

# (W) SURE Projects and Coordinators

## Organization

ProjectName	Coordinator(s)
<b>(W) SURE Administration</b>	Finney, Howard J and/or Bettyann (724) 834-3450 howfinn@comcast.net
Financial Roundtable Support	Miller, Robert I and/or Nancy (412) 242-6256 millerri2@verizon.net Dollard, Walter J and/or Joan (412) 823-4438 dollardwj@verizon.net
Health Care Seminars	Angel, Don & Gerry (412) 561-4241 LTC@gerryangel.com Karnash, Annette (724) 941-7473
Office Support	Skooglund, John W (724) 863-2891 jwskoog@aol.com
SURE Data Base	Skooglund, John W (724) 863-2891 jwskoog@aol.com
SURE Newsletter	Skooglund, John W (724) 863-2891 jwskoog@aol.com Plummer, Robert L and/or Nadine (412) 751-969 plummerrl@aol.com
Trips & Tours	Angel, Don & Gerry (412) 561-4241 LTC@gerryangel.com Pollitt, Joan T (412) 271-1503

## American Assoc. of Ind. Investors (AAII)

Local Chapter mtg. & Activities Support	Novendstern, Earl H and/or Maria (412) 241-274 earl.novendstern@usa.net
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## American Cancer Society

Daffodil Days	Pollitt, Joan T (412) 271-1503 Kopelic, Donald T and/or Peggy (412) 487-2610 dkopelic@verizon.net
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## Apprise Program of PA

Counseling re Medicare/Medigap	McCracken, Harry E and/or Doris (724) 863-6263
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## Bechtel Bettis Lab

Blood Drive	Laughlin, Elizabeth (412) 233-9272
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## Boy Scouts of America

General Support	Finnell, Leonard W and/or Nancy (412) 351-3747 Lippincott, Parvin and/or Sharon (724) 733-4720 eplippincott@comcast.net
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## Carnegie Institute

Exhibit Support	Emmerich, Werner S and/or Eva (412) 731-2449 wemrick@aol.com
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## Carnegie Mellon Univ.

Academy for Lifelong Learning	Berkowitz, Lester and/or Nancy (412) 521-1355 Lnbee@verizon.net Landerman, Edgar (412) 687-0856 edgarpgh@aol.com
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## CASA

Special Advocate Program	Kraft, Frederick and/or Barbara (412) 343-7178 kraftfl@comcast.net
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## CMU-UofP Quality of Life Technology

QoLT Project Support	Fey, Maury G and/or Mary (724) 327-5594 mgfey@comcast.net
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## Community Service by Veterans

Community Services	Rock Sr., Edward A and/or Olive (412) 461-9130 Schratz, Walter A and/or Helen (412) 241-3947 was@andrew.cmu.edu
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## Community Theater

General Support	Selsley, Irving and/or Janet (412) 655-2604 iselsley@verizon.net
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## EMS & Municipal Services

EMS & Municipal Ser. Support	Ferguson, Wilbert H and/or Dorothy (412) 826-6962 willie55@comcast.net
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## Executive Service Corps of Western PA

General Support	Frankoski, Ray and/or Margaret (724) 327-8918 rfrankoski1@comcast.net
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## Family House

General Support	Clark, Reynolds and/or Linda (412) 366-9506 clark@pitt.edu
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## Greater Pittsburgh Literacy Council

General Support	Lawrence, Ronald and/or Kathy (412) 741-2432 urlawrence@comcast.net
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## Health Hope Network

Flu Shot Clinics	Kopelic, Donald T and/or Peggy (412) 487-2610 dkopelic@verizon.net
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## Heinz History Center

Docent & Archive Support	Glickstein, Stanley S and/or Joan (412) 655-3514 stanglick@aol.com Topolosky, Paul R and/or Kathleen (412) 373-1681 gresources@msn.com
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## Hospital Volunteers

Volunteering	Sink, Agnes B (412) 461-6736 sinkview@verizon.net
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## Internal Revenue Service

Vol. Income Tax Assistance	Schwartz, Efrems (412) 372-1145 efrems@hotmail.com
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## Latrobe Senior Center

Computer Training for Seniors	Senko, John M (724) 539-7199 jsenko406@comcast.net John, Clarence and/or Audrey (724) 593-7208 clancysix@yahoo.com
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**Organization**

**ProjectName Coordinator(s)**

**Longwood at Oakmont**  
General Support Ferguson, Wilbert H and/or Dorothy  
(412) 826-6962 willie55@comcast.net

**Meals On Wheels**  
Meal delivery Hanley, Patricia G  
(412) 373-8784  
Ruch, Salli  
(412) 531-3491

**Monroeville Lions Club**  
General Support Vogeding, Edward L and/or Anne  
(412) 372-6001  
EDANNE2@earthlink.ne  
Smith, Edward J and/or Frances  
(412) 823-0479 ed8mit@yahoo.com

**Monroeville Mall Ministry**  
Talk Shop Schwartz, Efrem  
staffing (412) 372-1145 efrem@hotmai.com

**Monroeville Senior Center**  
General Support Smith, Edward J and/or Frances  
(412) 823-0479 ed8mit@yahoo.com  
Mohan, Barbara R  
(412) 372-0890 brmohan@verizon.net

**Murrysville Lions Club**  
General Support Blevans, William E and/or Barbara  
(724) 327-8162 blevans@alltel.net

**PA Trolley Museum**  
PA Trolley Sutherland, Jack and/or Carolyn  
Museum (412) 221-0682 sutherjd@aol.com

**PGA Golf Tours**  
General Support Skooglund, John W  
(724) 863-2891 jwskoog@aol.com  
Lokay, Henry E and/or Kathy  
(412) 835-2535 oklokay@aol.com

**Phipps Conservatory & Botanical Garden**  
Docents Emmerich, Werner S and/or Eva  
(412) 731-2449 wemrick@aol.com

**Pittsburgh Council for Int'l Visitors**  
International Nicolaus, John H and/or Carol  
Visitor Hosts (724) 325-2178 nicncarol@aol.com

**Pittsburgh Cultural Trust**  
Byham/Benedum Mohan, Barbara R  
Hall (412) 372-0890 brmohan@verizon.net  
Volunteers Pavlik, Ronald J and/or Jeanne  
(412) 823-1535 JTPP99@cpmcast.net

**Pittsburgh Zoo & Aquarium**  
Docent Emmerich, Werner S and/or Eva  
(412) 731-2449 wemrick@aol.com

**Pleasant Hills Lions Club**  
General Support Burack, Robert D and/or Carolee  
(412) 655-2542 rdburack@msn.com

**Plum Senior Center**

Management & Lilly, Gerard P and/or Maureen  
General Support (724) 327-6453 pnm@comcast.net

**SCORE-Service Corps of Retired Executives**

Small Business Muhlberg, George K and/or Betty  
Counseling (412) 364-4977 info@scorepittsburgh.com

**Services for the Blind**

General Support Hansen, Maynard J and/or Sharon  
(412) 751-7615 msh121@comcast.net  
Gerstenhaber, Ed P and/or Dana  
(724) 325-3573 ed\_g@comcast.net

**South Hills Interfaith Ministry**

Food Bank Pierce, Bill L and/or Sherry  
Support (412) 884-1960 blpierce32@netzero.net

**Southwestern PA Partnership For Aging**

General Support Glickstein, Stanley S and/or Joan  
(412) 655-3514 stanglick@aol.com  
Angel, Don & Gerry  
(412) 561-4241 LTC@gerryangel.com

**State of Pennsylvania**

Rails to Trails Hansen, Maynard J and/or Sharon  
(412) 751-7615 msh121@comcast.net

**Sudden Infant Death Syndrome - SIDS**

Gift Wrapping Pollitt, Joan T  
(412) 271-1503

**Ten Thousand Villages**

Staff Sq. Hill Store Moelk, Ken and/or Betsy  
(412) 793-7210 kwmoelk998@verizon.n

**University of Pgh. Healthy Aging**

Sleep Study & Emmerich, Werner S and/or Eva  
General Support (412) 731-2449 wemrick@aol.com

**Ursuline Services, Inc.**

AARP Money Ferguson, Wilbert H and/or Dorothy  
Management Prog (412) 826-6962 willie55@comcast.net

**Vincentian Regency**

Elders Brehl, Larry J and/or Dot  
Computer (412) 364-1422 dandlbre@verizon.net  
Training

**Volunteer Fireman**

Fire Company Ferguson, Wilbert H and/or Dorothy  
Support (412) 826-6962 willie55@comcast.net  
McCracken, Harry E and/or Doris  
(724) 863-6263

**Western PA Conservancy**

Water Stout, J. Wilson and/or Barbara  
Monitoring (412) 823-1095 wilsstout@aol.com

**WQED**

General Support Schwartz, Efrem  
(412) 372-1145 efrem@hotmai.com

*In Passing . . . . .***Ambrozy, Cyril "Cyro" (64)**

Bethel Park  
Retired from Westinghouse  
Died 11/2/2007

**Arnold, Randall "Red" (83)**

Carlisle IN  
Retired from Bloomington  
Died 12/8/2007

**Ayers, Mary Jo (88)**

N Huntingdon TWP  
Retired from Trafford  
Died 11/8/2007

**Bank, Theodore (84)**

Pitcairn  
Retired from Westinghouse  
Died 12/8/2007

**Bires, John J (85)**

Trafford  
Retired from trafford  
Died 12/2/2007

**Bock, Andrew (89)**

Monroeville  
Retired from East Pittsburgh  
Died 10/23/2007

**Burton, Jr, Joseph K**

Monroeville  
Retired from Westinghouse  
Died 12/7/2007

**Chiado, Donald A (88)**

Seneca Hills Village  
Retired from East Pittsburgh  
Died 10/18/2007

**Clemer, Lewis E (72)**

Murrysville  
Retired from Westinghouse  
Died 11/27/2007

**Dazen, John R (77)**

N Huntingdon TWP  
Retired from Westinghouse  
Died 10/14/2007

**Dennison, Alan "Butch" L (67)**

Bloomington IN  
Retired from Bloomington  
Died 9/22/2007

**Dorris, John "Jack" F (86)**

West Mifflin  
Retired from Bettis Lab  
Died 12/15/2007

**Futryk, Walter (87)**

Edgewood  
Retired from Westinghouse  
Died 12/5/2007

**Gates, Robert M (85)**

Churchill  
Retired from E. Pgh, Medical Dir  
Died 12/3/2007

**Grassoni, Joseph "Punchie"(81)**

Blairsville  
Retired from Blairsville  
Died 11/20/2007

**Grove, Joseph P (83)**

Sharon  
Retired from Sharon  
Died 11/2/2007

**Guspan, Michael (72)**

Bethel Park  
Retired from Westinghouse  
Died 6/12/2007 **SURE Member**

**Harnagy, Paul R (84)**

Monroeville  
Retired from East Pittsburgh  
Died 10/17/2007

**Hartman, Henry (85)**

Wilmerding  
Retired from East Pittsburgh  
Died 11/18/2007

**Hazel, Donald L (79)**

Bloomington IN  
Retired from Bloomington  
Died 2/9/2007

**Hendersen, Olga S (80)**

Bloomington IN  
Retired from Bloomington  
Died 9/12/2007

**Hresko, Anna Marie (73)**

Mt Pleasant  
Retired from Youngwood-Powerex  
Died 11/26/2007

**Johnson, Gary "Red" N (71)**

Spencer IN  
Retired from Bloominton  
Died 11/15/2007

**Kagle, Brenda J (71)**

Cranberry TWP  
Retired from R&D Center  
Died 11/17/2007 **SURE Member**

**Kean, Ernest L (94)**

N Huntingdon TWP  
Retired from East Pittsburgh  
Died 11/23/2007

**Kratowill, Joseph P (94)**

Monroeville  
Retired from Westinghouse  
Died 11/10/2007

**Kuhns, Fred P (92)**

Ligonier  
Retired from Derry  
Died 12/11/2007

**Leonard, Donald "DJ" J (69)**

Latrobe  
Retired from Derry  
Died 10/16/2007

**Lindsay, Jr, William T (83)**

Westwood MA  
Retired from Westinghouse  
Died 11/11/2007

**Livingston, Hazel Pearl (86)**

Spencer IN  
Retired from Bloomington  
Died 11/4/2007

**Ludwig, Gisi (86)**

Pitcairn  
Retired from Westinghouse  
Died 10/15/2007

**Macy, Jr, John R (61)**

New Derry  
Retired from Derry  
Died 12/8/2007

**Maize, Donald L (69)**

Markelton  
Retired from East Pittsburgh  
Died 12/14/2007

**Masilunas, Albert J (89)**

Monroeville  
Retired from Westinghouse  
Died 12/1/2007

**Michell, Jr, George P (79)**

Bethel Park  
Retired from Bettis Lab  
Died 12/10/2007

**Murtaugh, Joseph E (81)**

Espyville  
Retired from Energy Center  
Died 12/15/2007

**Piacentino, Rudolph A (77)**

Jeannette  
Retired from Green Tree  
Died 11/9/2007

**Pitterie, Thomas A (72)**

Greensburg  
Retired from Westinghouse  
Died 11/19/2007

**Reed, Alan F (64)**

Augusta GA  
Retired from Savannah River  
Died 12/13/2007

**Rhule, Richard R (73)**

Penn Hills  
Retired from Westinghouse  
Died 5/30/2007

**Rothbauer, B. Doris (81)**

Duquesne  
Retired from East Pittsburgh  
Died 12/8/2007

**Schwoeble, Alfred F (95)**

Turtle Creek  
Retired from East Pittsburgh  
Died 12/5/2007 **SURE Member**

**Shaughnessy, Sr, William A (77)**

Pleasant Hills  
Retired from Westinghouse  
Died 9/3/2007 **SURE Member**

**Smeltz, Russell E (80)**

Level Green  
Retired from Westinghouse  
Died 12/8/2007

**Thomas, Dolores J (71)**

N Versailles  
Retired from Bettis Lab  
Died 11/3/2007

**Whisdosh, Steve A (84)**

Norvelt  
Retired from East Pittsburgh  
Died 12/14/2007

**Wilson, C. Ernest (91)**

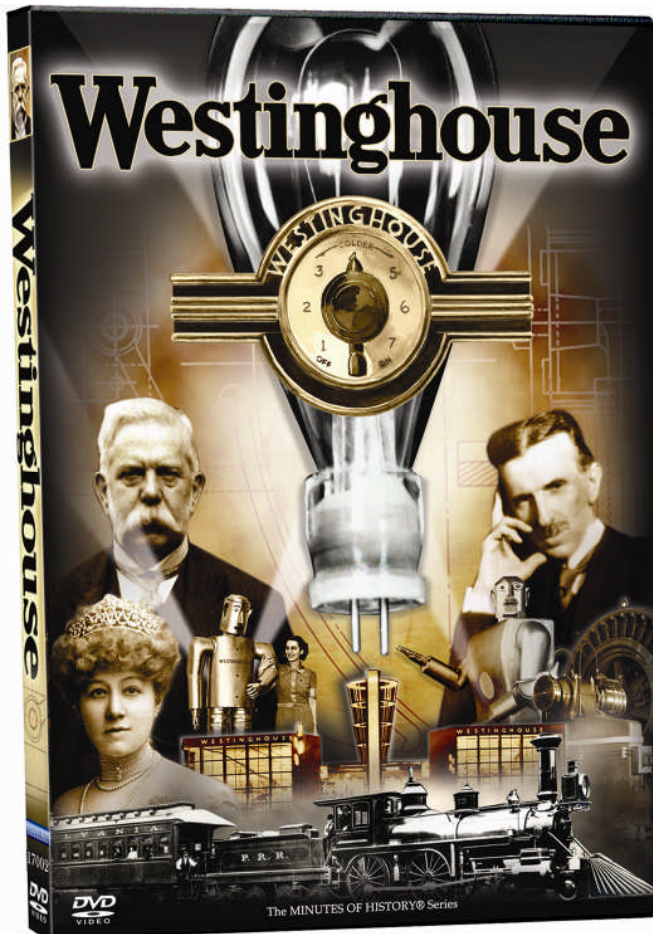
Stuart FL  
Retired from East Pittsburgh  
Died 10/24/2007

**Zook, James G (86)**

N Huntingdon TWP  
Retired from Westinghouse  
Died 11/4/2007

**Coming to DVD April 8, 2008**

Now Available for Pre-Order on [Amazon.com](http://Amazon.com)



**Westinghouse honors the man whose legacy lives on today through Westinghouse SURE members.**

**About the Film**

George Westinghouse is considered America's greatest industrialist and the only man who would go up against Thomas Edison, and win.

His victory over Edison during the Battle of the Currents set the stage for the entire future of electric power.

The Westinghouse air brake is considered one of the most important inventions in history. Automobile shock absorbers, railroad signaling and the modern day weekend all owe their existence to the man who Andrew Carnegie called "A genius who can't be downed."

Westinghouse may be most famous for the massive companies that he created, but the man called "Uncle George" was a reserved, creative giant who went out of his way to treat his workforce with dignity and respect. He was an honest millionaire in the days of robber barons, an optimist in the days of skeptics and a generous CEO from whom today's executives can learn.



*Westinghouse* features an interview with Edward J. Reis (left), Executive Director of the George Westinghouse Museum and is narrated by Emmy award winner Carol Lee Espy (right), TV/Radio host for KDKA Radio.

**About Inecom Entertainment Company**

Located in Pittsburgh, PA, Inecom Entertainment Company finances and distributes independent films by partnering with innovative producers and attracting celebrated talent such as Gene Wilder, Keith Carradine, Richard Dreyfuss, Ronald F. Maxwell, David Carradine and Hal Holbrook.

Watch the trailer for the film at:

[www.WestinghouseFilm.com](http://www.WestinghouseFilm.com)

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Toll Free: 888.258.5164

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**CALENDAR OF EVENTS—January thru February 2008****Plus special events**

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Location</b>	<b>Coordinator(s)</b>	<b>Phone</b>
January 9	10:00 AM Wednesday	Financial Roundtable	G(W) RTP Auditorium	Walt Dollard Bob Miller	(412) 824-4438 (412) 242-6256
January 9	12:45 PM Wednesday	SURE Board & Advisory Council	G(W) RTP 401-3X60	Howard Finney	(724) 834-3450
February 13	10:00 AM Wednesday	Financial Roundtable	G(W) RTP Auditorium	Walt Dollard Bob Miller	(412) 824-4438 (412) 242-6256
February 13	12:45 PM Wednesday	SURE Board & Advisory Council	G(W) RTP 401-3X60	Howard Finney	(724) 834-3450
February 16	2:00 PM Saturday	Amadeus	O'Reilly Theater	Joan Pollitt	(412) 271-1503
May 29 to June 8, 2008	Energy Center	11-Day Trip	Train Journey of the ALPS	Gerry Angel	(412) 561-4241

***Roundtable Presentations*****January 9, 2008****529 Plans****Diane Cangoli, PA State Treasury****February 13, 2008****Investment Scams****Scott Lane, PA Security Commission**

**An Invoice for 2008 Membership Dues  
Was mailed on November 14, 2007**

**To those who have paid their dues—Thanks!**

**We appreciate your prompt response.**

**Westinghouse SURE  
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**Last Call  
AMADEUS  
O'Reilly Theater, February 16, 2008  
See Page 2 for details.**

**New George Westinghouse DVD  
See Page 10 for details**

**Train Journey of the ALPS  
Now on waitlist  
The SURE Website, [www.westinghousesure.org](http://www.westinghousesure.org)  
Contains a detailed itinerary and other forms.**