



# WESTINGHOUSE SURE NEWS

[www.westinghousesure.org](http://www.westinghousesure.org)

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A Publication for Westinghouse Retirees

January 2007

## The President's Message

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A new year is upon us and I hope it will bring peace and prosperity to all the world. I hope all you who joined us on the guided tour of Pittsburgh; the visit to the University of Pittsburgh's Nationality Rooms, the dinner and show at the Priory and the visit to Hartwood Acres had a wonderful time.

As we start a new year, please consider volunteering for the many SURE projects. If you know of an area that requires volunteers and you are willing to be the coordinator, please bring it before the Board.

The flu season is upon us. SURE volunteers provided the clerical help for the Health Hope Network (formerly the Visiting Nurse Foundation) flu vaccine clinics that were held at many locations throughout the area. The clinics did not have many attendees and there is a surplus of flu vaccine. This will have a profound effect on next year because the manufacturers may not produce as much vaccine.

If you have not paid your 2007 dues, please remit them as soon as possible. The SURE organization cannot survive without your financial and volunteer support. Donations are always welcome.

The SURE office has been relocated to Room 401-3X43. This suite provides easier access for the Staff and a larger area for our office activities. We especially want to thank the site manager, Rege Barker. He has provided SURE an environment that feels to some of us as if the Westinghouse Electric Corporation still existed.

The Trips and Tours Committee have announced a 2007 Trip to Williamsburg, VA. You will find the necessary information on this trip later in this Newsletter. Please consider joining us.

The Financial Roundtable Committee recently circulated survey forms for you to evaluate the many programs presented at our monthly sessions. I hope you all made the effort to respond. Your input is necessary for continued success. The Financial Roundtable Steering Committee and the Health Care Seminar Committee will continue to make every effort to keep the Financial Roundtable meetings interesting, informative and timely.

In closing, please spread the word about the SURE organization. We are still growing due to efforts of our membership. You can always refer prospects to our web site, [www.westinghousesure.org](http://www.westinghousesure.org).

**Westinghouse SURE News**

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(If no answer please leave a short message, we will return your call.)

**Your E-Mail Address?**

A number of you are changing your e-mail address because of the Comcast purchase of Adelphia in our area. However, the changes are not all being made at the same time. When your e-mail changes, please let us know with an e-mail to jwskoog@aol.com. You may also confirm the change when you send us your 2007 dues check

**Volunteering for Oasis**

Marv Chidester, Projects Coordinator

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OASIS is a national nonprofit educational organization designed to enhance the quality of life for mature adults. Offering challenging programs in the arts, humanities, wellness, technology and volunteer service, OASIS creates opportunities for older adults to continue their personal growth and provide meaningful service to the community. An Oasis center exists in the Pittsburgh area and is always seeking volunteers to help tutor students at schools that work with Oasis. Walter Schwartz is a SURE member doing this and would be happy to talk with you. If you are interested, training will be required and provided through Marlene Brett who

heads the local center. Walter can be reached at (412) 271-0918, or simply call me.

**A Geography Course?**

Jim Gatto has volunteered to lead a study group on the subject of Geography. Geography is defined as the scientific study of the location and special variation of physical, biological and human phenomena on Earth. The course will examine some of the more interesting aspects of Geography using informative, high quality color map transparencies.

The course name is: Why Geography Matters. It includes the following aspects:

- a). Selected features and aspects of the world realms and regions.
- b). Special topics including: boundary disputes, plate tectonics, population distribution, economic zones, human migration, colonization, industrialization and others.
- c). Emphasis on countries that have rising global impact or significance such as China, Iraq, India and Brazil.

Of particular note will be the relevance of these aspects to current events around the globe. It is expected that the background of the class participants will add immensely to the content of the course, since many of the participants traveled extensively and keep up to date on current events.

The course will likely be presented in fall 2007 and will consist of six classes, one per week for a class period of 1-1/2 hours. It probably will be held at the G(W)RTP with the classes starting at 10:30 AM, or later on a day of the week to be selected.

The objectives of the study group will be:

Develop awareness of new ideas and concepts.

Promote critical thinking about complicated issues.

Identify area for further personal research.

Jim Gatto has a life-long interest in Geography and continues to be a student of the subject. Please contact Jim at gattojj@comcast.net and let him know of your interest and if both you and your spouse would attend. Call Jim at (412) 243-3347 if you have questions.

## Spotlight Award for January

Marv Chidester, Projects Coordinator  
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**Dorothy L. DeStefano (Dot)** is our Spotlight Volunteer for January. Being from McKeesport, I take great pride in honoring another McKeesport volunteer and former neighbor. She has devoted many hours in support of the George Westinghouse Museum in Wilmerding and comes highly recommended by Jim Sutherland. Thanks Dorothy for all you have done and are doing.

Dot was born and raised in McKeesport and has raised her family there. She has two sons and five grandchildren, all of whom she is very proud. Her oldest is Gary who lives in The Woodlands, Texas, and is a Construction Manager for IHI Industries, currently working in Louisiana. Her younger son, Mike, is a Lead in Special Processes and Shop Operations at the Westinghouse Electric Company in New Stanton. She has a grandson in the Navy and a granddaughter in the Medical Unit of the Army Reserves working in the Veteran's Hospital, a granddaughter who is a teacher in the Gateway School System and two other grandchildren still in college.

On the very day she turned eighteen, Dot started to work in the Westinghouse Airbrake Company's Personnel Department. The "Castle" was the home of the General Offices at that time and she stayed until her first son was on the way. In those days, Women's Lib was non-existent, and sadly, after five years of marriage and two children, she found herself to be a single mom. Back then it was difficult for married women to find a job in industry, let alone one with children. But through the grace of God, she was hired as the Office Manager and Accountant for a local retailer and its sixteen branches. Dot was able to care for her children and her job because of an understanding employer who allowed her to work from home when her children needed her. The biggest drawback was the fact there were no benefits. So, when her sons were older and more capable of doing things for themselves, she accepted a position at Fort Pitt Steel Casting, a division of U.S.Steel Corporation as Personnel Assistant.

When U.S.Steel was sold, Dot started working for Westinghouse Electric Corporation at the Nuclear Center. There were no openings in Accounting, so she started at Forest Hills for Dr. Kitzes in Test Engineering. From there she went to the Monroeville



Jim Sutherland, Dorothy, Marv Chidester, Howard Finney

Nuclear Center Transportation Department and worked under Len Zane. At the next opening, she went into Accounting and held several positions there. After 25 years, she retired, and three months later, received a Certificate of Appreciation for Outstanding Performance, Productivity and Dedicated Service. An interesting sideline was being

elected to the Black Box and introducing flextime for the first time. She also was in the tutoring program for underprivileged children.

Upon retirement, Dot was immediately recruited to join the Docents of the George Westinghouse Museum. She proudly wore her red jacket and nametag, and found this to be a very pleasant *deja vu* experience, having previously worked there. She has given tours to interesting visitors from all over the world. Shortly after her Docent introduction, she was urged to help Charlie Ruch with the Museum scheduling. Charlie, a grand gentleman, was using a “cut and paste” method for the schedules. To help him, Dot put the schedule on the computer and then mailed it to him. He didn’t have a computer, so he would make corrections and mail it back. A tedious process, but everyone got their schedules on time. Needless to say, we all miss him. She was then asked to continue when Jim Sutherland came aboard and has found it to be a real pleasure working with him.

Dot loves traveling, good stage plays, music and playing cards. She also assists John Skooglund with the Retiree Death Notice section of our newsletter. She has volunteered at her church and Senior Center, visited nursing homes, worked at the blood bank, helped with Daffodil Days and just finished crocheting a batch of bandages for Lepers in Africa. Due to health issues, she is now on oxygen and has given up much of her volunteer efforts. However, she still serves as an RCIA Mentor (Rite of Christian Initiation for Adults), and as a George Westinghouse Museum docent because Jim Sutherland makes it so easy and rewarding.

“Who would ever think that at this time of my life I would be considered for an award? I am so very humbled by this tribute. Thanks so much for giving me this last Hoorah!”

## Winter – A Wonderland?

Annette R. Karnash, R.N., B.S.N., M.N.  
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Winter brings pleasures that even summer can’t touch; the cozy feeling of hunkering down under a quilt, the warmth of a crackling fire, the sheen of an afternoon sun on new fallen snow and the picturesque scenes of snow laden trees. If you are a

sports lover, winter may also mean vacationing in the mountains, skiing, hiking, or snowmobiling.

Regardless of how much we may enjoy the cold, humans do not adapt well to it. We lack the warming layer of fat of the polar bear, the fluffy down of the snow goose or the good sense of critters that burrow down and wait for the thaw. But we can find ways to provide ourselves the protection that nature did not.

Each winter you read about victims of accidental hypothermia. The greatest danger posed to us by frigid weather is lowered body temperature (hypothermia). The body is homeothermic; that is, it tries to maintain a constant internal body temperature despite environmental changes. Usually the normal body temperature stays within a few degrees of 98.6° F. (37° C). When it falls below 95° F (35° C), hypothermia develops. It is not necessary to be in freezing weather for body heat to drop. Hypothermia can develop when air is in the 50° - 60° F range because heat can leave the body: touching cold objects transfers heat to the object; waves of heat radiate from our bodies; inhaling cold air, then exhaling it warm, robs the body of heat; evaporating moisture takes heat with it and wind blows that heat away. Yet there are only two ways that the body generates heat: Metabolism (chemical changes in the cells) and muscular activity (moving about helps to keep us warm).

Hypothermia can be reversed if immediate and appropriate action is taken. Getting out of the wind and cold and into a warm building and covering with warm blankets or extra clothing is primary. The body should be dried thoroughly by wiping away perspiration and changing any damp clothing. As body temperature declines, a person fumbles, mumbles and stumbles. Body temperature can affect judgment. Body parts need to be re-warmed either internally or externally. External warming is preferred because it is slower and safer. This can be done with an electric blanket, hot water bottles, a shower or bath, but caution must be exercised to prevent burns. Internal warming can be accomplished with warmed oxygen, inhalation by mask or tube humidification, warm IVs and peritoneal dialysis.

How can we prevent hypothermia? First of all the feet must be kept warm in winter. Drag out the boots, rain galoshes, heavy socks, and fleecelined

slippers. Wear warm socks- even two pairs. Cotton, silk or natural material should be worn next to the skin and heavier wool or thermal used as the second layer. Proper fitting shoes are a must especially if wearing two pairs of socks, making sure they are not too tight as that can decrease blood flow. Shoes and boots should be kept dry with oil or silicone sprays, leather or waterproofing. The feet should be inspected for white or bluish color. They can be soaked in lukewarm – not hot – water. By constant movement, the blood flow can be increased, but if standing still or sitting for long periods, the toes need to be wiggled. Lotion should be applied to the feet to prevent dryness and cracking. When openings develop, they pose a potential for infection.

With rising fuel costs and increasing life expectancy, hypothermia continues to impose a threat.

## Eggcellent Omelets

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You can keep eggs fresher if they are stored in their original cartons in the back of the refrigerator where the constant cold slows the growth of bacteria. Storing them along the door “eggspases” them to heat changes that “egg on” bacteria each time the door is opened. The carton protects against strong odors entering the thin shells of the eggs and poach their taste. Eggs should be thrown away after three weeks.

## From the Desk of Bob Miller – FYI

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**Medicare D Report** Wall Street Journal poll says 76% of enrollees are satisfied with the plan, 24% are not. 70% say plan has saved them money on prescription drugs, 20% say it hasn't. 82% say the plan is easy to use, 13% disagree. Poll found many seniors save by asking doctors to switch them to generic medications. Poll shows 73% will stay with their current plan, 12% say they will switch.

Make these Your 2007 Resolutions...

1. Confirm that your **IRA beneficiaries** are up-to-date with correct spellings, addresses and social security numbers. When IRA administrators update records or change computers, not everything always gets correctly transposed, errors occur

that may alter beneficiaries or make it difficult and costly for them to get final possession of your assets.

2. Make an updated list of your **medications** (dosage and time to be taken) and post it in at least two places including a copy on your purse or wallet.
3. Obtain and carefully check all three of your free **credit reports** and correct any errors, and do this before you do No. 4
4. Put a “**freeze**” on your credit reports by calling each of the credit reporting agencies.
5. Make a list of the **locations** of all your important papers; will, insurance, military discharge, property deed, birth certificate, marriage certificate, broker(s), powers of attorney, cemetery plot. Use publication 506 from USAA
6. Take your **military discharge papers** to a Social Security office if you were in the armed forces between 1941-1956 and get the \$160 credit on your social security earnings history for every month served.
7. Show your spouse and children how to calculate the **required minimum distribution** from your IRA or 401k, and explain how they must handle your inherited IRA so that it will be “stretched” over their lifetime.
8. Remember to get a “**yellow card**” from your auto insurance company before driving to Canada, and remember to get passports if you plan to fly to and from Canada in 2007 or drive into Canada in 2008.
9. Make a list of all your **passwords & PIN numbers** and what they are associated with and place it in your safe deposit box or other safe location.
10. Place all the **cards from your wallet** on a copier. Copy both sides in the same order and make 3 copies and keep in different locations.

**Free personal record booklet** – an excellent resource with lots of suggestions for next of kin. Call the USAA Educational Foundation, (800) 531-1231 and ask for publication No.506, or order on line at

[www.usaaedfoundation.org](http://www.usaaedfoundation.org) You do not need to be a member of USAA to get their materials.

**Freeze your credit report** – effective January 1, you can call each of the 3 credit bureaus and place a freeze on your credit report. No cost to do this if over 65, otherwise \$10. This is one preventative measure in the fight against ID theft. ID thieves may still charge your credit cards if they have the numbers or even empty your bank account if they get your debit card, but the credit report freeze will prevent anyone from opening a new line credit in your name, without the institution contacting you first. You can easily “unfreeze” and “refreeze” if you want to open a new credit card or credit line.

Place a **Fraud Alert** on your three credit reports if you suspect or have evidence of fraud:

**Equifax:** (800) 525-6285, **Experian:** (888) 397-3742, **TransUnion:** (800) 680-7289

**Served in the military at any time from 1940 through 1956?** The government did not deduct Social Security taxes from your monthly checks in that period. Now the SSA will credit you with \$160 a month in earnings for your military service from September 16, 1940, through December 31, 1956, if you were honorably discharged after 90 or more days of service, or you were released because of a disability or injury received in the line of duty. You must apply for this benefit. Take your discharge papers, DD-214, to a Social Security Office and tell them you want to be certain that your social security benefits were properly calculated including the \$160/month earnings credit for the time you spent in the service

**Long Distance excise tax credit** for your 2006 tax return due April 2007. You can take the standard credit, line 71 on your 1040, based on the number of exemptions claimed; one exemption- **\$30**; two exemptions - **\$40**; three exemptions-**\$50**; four or more - **\$60**. If you have your excise tax records, claim the amount and fill out Form 8913. You can even get this tax rebate if you don't file an income tax return by filing Form 1040EZ-T

**\$1 Presidential coin series** starting 2007. US mints will be issuing 4 presidential coins each year. Expect these coins to gain in value, as collectors will take them out of circulation.

**When were your tires made?** Every tire has a Department of Transportation (DOT) number following the letters on the sidewall. The last four digits are the week and year the tire was made; e.g., the digits 2204 would signify the tire was made during the 22nd week of 2004. Don't buy tires more than a couple of years old. They can degrade with age.

**Tax tip** Don't forget the new energy saving tax credit for 2006 and 2007. You can get a one-time income tax credit of up to \$500 in total for installing efficient new windows, insulation, doors, roofs, and heating and cooling equipment in your home. Each energy item has \$ limits

**529 Plans** The Pension Protection Act of 2006 makes them permanent. 2001 original legislation had the tax benefits of 529 plans expiring 12/31/ 2010. Vanguard is now the administrator for the Pennsylvania 529 Plan. For each beneficiary, residents may deduct up to \$12,000 in contributions from their Pennsylvania state taxable income (\$24,000 if married filing jointly, provided that each spouse has taxable income of \$12,000). 529 Plans allow you to save money for college for a child, grandchild, other relative, or friend. Assets grow tax-deferred, and withdrawals are exempt from federal income tax when used for qualified higher education expenses.

**Too late to revise the 1040,** IRS sent tax forms to the printer. So credit for teacher's supplies will be claimed on line 23

**Two US postal rate hikes planned:** The USPS has proposed rate increases likely to be implemented by mid 2007. First-class stamps will jump 3¢, to 42¢. Later, First-class stamps will go to 44¢. **Watch for a limited edition first class stamp that will always be acceptable no matter how high first class stamps go**

**Passports** U.S. citizen air travelers leaving and re-entering the United States after Jan. 23, 2007 will need to show passports, even if just visiting, Canada or Bermuda. Starting Jan. 1, 2008 U.S. citizens motoring to and from Canada and Mexico will have to have passports.

*In Passing . . . . .*

**Adamik, Walter J (83)**  
Level Green  
Retired from East Pittsburgh  
[Died](#) Nov 27, 2006

**Bianco, Ruth L (80)**  
Hermine  
Retired from Westinghouse  
[Died](#) Nov 19, 2006

**Breitinger, Robert J (81)**  
Augusta GA  
Retired from Westinghouse  
[Died](#) Nov 21, 2006 **SURE Member**

**Brendel, Joseph A (83)**  
White Oak  
Retired from Energy Center  
[Died](#) Nov 25, 2006

**Britz, Albert (85)**  
White Valley  
Retired from East Pittsburgh  
[Died](#) Nov 5, 2006

**Bruzak, Joseph J (86)**  
West Mifflin  
Retired from East Pittsburgh  
[Died](#) Dec 8, 2006

**Buck, John F (83)**  
Wilkins TWP  
Retired from East Pittsburgh  
[Died](#) Nov 8, 2006

**Cartright, Kenneth R (76)**  
Springville IN  
Retired from Bloomington  
[Died](#) Nov 19, 2006

**Ciccotelli, John (88)**  
N Braddock  
Retired from East Pittsburgh  
[Died](#) Sep 22, 2006 **SURE Member**

**Cochran, Charles Pat (59)**  
Bloomington IN  
Retired from Bloomington  
[Died](#) Aug 29, 2006

**Cowan, Richard J (73)**  
E McKeesport  
Retired from East Pittsburgh  
[Died](#) Oct 13, 2006

**Gaffney, William J (72)**  
West Mifflin  
Retired from Westinghouse  
[Died](#) Nov 20, 2006

**Gibbons, Sr, John D (73)**  
Wilkins TWP  
Retired from Westinghouse  
[Died](#) Nov 27, 2006

**Harrold, Lyman H (84)**  
Greensburg  
Retired from Youngwood  
[Died](#) Oct 8, 2006

**Hogya, Steve J (83)**  
McKeesport  
Retired from Bettsi Lab  
[Died](#) Nov 14, 2006

**Holsinger, Ralph R (91)**  
Level Green  
Retired from Trafford PCB  
[Died](#) Oct 21, 2006

**Innis, Robert Terrence (79)**  
Athens TN  
Retired from Bloomington  
[Died](#) Jun 20, 2006

**Lazarski, Joseph A (63)**  
Monroeville  
Retired from O'Hara  
[Died](#) Dec 9, 2006

**Mazurek, Edward J (77)**  
Peanut, Derry  
Retired from Blairsville  
[Died](#) Oct 27, 2006

**McAnay, John K (82)**  
Pitcairn  
Retired from Cheswick  
[Died](#) Nov 6, 2006

**McCullough, Mabon S (90)**  
White Oak  
Retired from East Pittsburgh  
[Died](#) Dec 8, 2006

**McHugh, James P (74)**  
Penn Hills  
Retired from R&D Center  
[Died](#) Dec 4, 2006

**McMarlin, Helen M (92)**  
N Huntingdon TWP  
Retired from Bettis Lab  
[Died](#) Oct 26, 2006

**Melango, John E (97)**  
Bovard  
Retired from Linhart Foundry  
[Died](#) Oct 24, 2006

**Morris, James E (85)**  
Jeannette  
Retired from Penn Center  
[Died](#) Nov 12, 2006

**Negich, Pete P (81)**  
Export  
Retired from East Pittsburgh  
[Died](#) Nov 24, 2006

**Nickle, James A (62)**  
Plum  
Retired from Westinghouse  
[Died](#) Oct 17, 2006

**Palko, Lucy C (81)**  
Turtle Creek  
Retired from E Pgh/Forest Hills  
[Died](#) Nov 27, 2006 **SURE Member**

**Paxinos, Hercules (80)**  
Pittsburgh  
Retired from Westinghouse  
[Died](#) Nov 7, 2006

**Peterson, Rudolph "Rudy" E (88)**  
Edgewood  
Retired from East Pittsburgh  
[Died](#) Nov 8, 2006 **SURE Member**

**Privozik, Louis J (81)**  
McMurray  
Retired from Westinghouse  
[Died](#) Nov 20, 2006

**Robinson, Richard P (73)**  
Hempfield TWP  
Retired from Trafford PCB  
[Died](#) Dec 2, 2006

**Sarris, Ann (84)**  
McKeesport  
Retired from East Pittsburgh  
[Died](#) Nov 29, 2006

**Scandinaro, Francis P (80)**  
N Huntingdon TWP  
Retired from Waltz Mill  
[Died](#) Nov 8, 2006

**Schaffner, Alfred C (72)**  
Ashville NC  
Retired from Marine  
[Died](#) Nov 9, 2006

**Schmid, Norman P (81)**  
McKees Rocks  
Retired from Westinghouse  
[Died](#) Nov 21, 2006 **SURE Member**

**Sekera, Robert S**  
Monroeville  
Retired from Westinghouse  
[Died](#) Nov 27, 2006 **SURE member**

**Sikora, Jr, Stephen M (65)**  
Export  
Retired from East Pittsburgh  
[Died](#) Oct 14, 2006

**Smith, William J**  
Springdale TWP  
Retired from Process Control  
[Died](#) Aug 7, 2006 **SURE Member**

**Spino, Victoria J (87)**

Greensburg  
Retired from Westinghouse  
**Died** Dec 8, 2006

**Stevens, Lotus W "Peely" (92)**

Martinsville IN  
Retired from Bloomington  
**Died** Jun 17, 2006

**Tincher, Gerald "Jerry" (73)**

Bedford IN  
Retired from Bloomington  
**Died** Sep 10, 2006

**Torok, Charles (85)**

Edgewood  
Retired from East Pittsburgh  
**Died** Nov 11, 2006

**Uber, Jr, Arthur E (83)**

Oakmont  
Retired from Gateway  
**Died** Nov 23, 2006

**U'Ren, William Geddus (80)**

Ft Myers FL  
Retired from Westinghouse  
**Died** Dec 8, 2006

**Weimer, Harry W (89)**

Stahlstown  
Retired from Derry  
**Died** Nov 24, 2006

**Yanniello, Mary R (86)**

Greensburg  
Retired from Youngwood  
**Died** Nov 23, 2006

**Zyhowski, Chester G (86)**

Trafford  
Retired from Trafford PCB  
**Died** Nov 18, 2006

## W SURE Tours Our Nation's Capital

Maury Fey

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In 2005, Mary and I joined a group from the Plum Senior Center on a two-day tour of Washington, DC. The Tour Director, Barbara Krause, was so knowledgeable about the Washington area that I suggested to Gerry Angel that members of the Westinghouse SURE Organization would enjoy a similar tour conducted by Barbara. Gerry scheduled the SURE trip and forty-six members and guests enjoyed three days in Washington on October 12, 13 and 14, 2006.

Our trip started early on Thursday. After a stop for brunch, it was on to the new National Air and Space Museum at Dulles Airport. Air and Space is a huge facility, over ten stories high and three football fields long. It contains over 120 actual planes and 140 large space artifacts, dating from the dawn of flight to modern weapons. It was a thrill to walk among the early double wing planes I remember seeing as a small boy, the World War II fighter planes (German, Japanese and American), and the Enola Gay, the plane that dropped the atomic bomb on Hiroshima which led to Japan's surrender. We were able to walk past a supersonic Concorde passenger plane, a Boeing KC 135 tanker (precursor to the 707 passenger plane), the U.S. spy plane SR-71



Blackbird (the fastest plane ever built), and the Space Shuttle Enterprise.

Our next stop was the World War II Memorial, dedicated to the "Greatest Generation", many of them just out of high school. They put on the nation's uniform and saved the world from tyranny. Over 400,000 did not return – they paid the ultimate price for our freedom. Walking around the inside of the Memorial was a very emotional experience; I was struck with the reverence it inspires – almost church-like as people moved from panel to panel and spoke to each other in hushed tones.

The final stop of the day was at the Memorial to Franklin Delano Roosevelt. I was surprised at the size of this Memorial, with four large outdoor rooms depicting his physical disability, the hopelessness of the Depression, his four freedoms (Freedom of Speech, Freedom of Worship, Freedom From Want and Freedom From Fear) and the heavy burden he carried as he led the nation through World War II.

Friday started with a tour of the East Wing of the White House. Security was very tight; we live in the post-9/11 world! The furniture and furnishings are elegant and historic, many dating back to items used by our very early first families. What a thrill to walk through the splendor of those hallowed rooms where weddings were held, early Presidents took the oath of office and discussions took place that shaped the nation and the world over the past two centuries. For lunch, we were next taken to one of the large (and elegant) dining rooms in the Library of Congress, and then to the Capital where Congresswoman Hart's staff members escorted us through the beautiful Capital Rotunda, the Hall of Presidents and into the House Chamber where we took seats in the Gallery. As in the White House, you could almost hear the echoes of countless State of the Union

Addresses and two centuries of debates that shaped the nation's laws. What a truly memorable day!



Saturday morning, we went to Arlington Cemetery where we visited the Tomb of the Unknown and our SURE group was privileged to present a beautiful Wreath. Mary Van Asch, Steve Lovasic, Bob Plummer and John Skooglund participated in this moving presentation ceremony. After the ceremony, we visited the Kennedy Gravesites where the eternal flame keeps watch over the slain President and some of his family members. After lunch, we attended a matinee performance of "State of the Union" in Historic Ford's Theater; it sent a chill to look up and see the actual box where Abraham Lincoln sat and imagine John Wilkes Booth pointing that derringer.

Tour over, it was time to return to Pittsburgh and relive the memories of a terrific three days in our nation's capital – a trip we'll never forget.

## Trips and Tours

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Joan Pollitt (412) 271-1503

### Announcement for Spring—Reserve Now!

**June 5-9** (5 days, 4 nights) to Virginia's Historic Triangle: Williamsburg, Jamestown, and Yorktown by deluxe motorcoach. You are invited to be a part of America's 400th Anniversary celebration surrounding Jamestown, the first permanent English settlement in North America. Whether you have visited before or are experiencing Virginia's Historic Triangle for the first time, you will understand why

Virginia has been capturing the imagination of visitors since 1607. In addition to having docent-led tours of each location, we will have opportunities to experience *new* exhibits and events, especially created for this anniversary year. A visit to the *new* Presidents Park, an outdoor educational museum featuring 18-20 foot monuments of all 43 U.S. Presidents is an example. Presidents Park is located in a beautiful garden setting where we will have dinner overlooking the garden.

A special trip inclusion will also be a tour of the Norfolk Naval Base and the battleship Wisconsin. For those who might like a substitute for the naval base, a tour of a pound cake factory with baking demonstrations followed by a wonderful luncheon tea, will be an option. En-route home, we will visit the state's most historic plantation, the Berkeley Plantation, on the James River. This was the site of the first official Thanksgiving in 1619—and recommended by Good Housekeeping Magazine—magnificent mansion! Four overnights at a comfortable property within walking distance to Colonial Williamsburg, docent led tours, five-day entrance pass to the "Historical Triangle," 6 meals, tour escort, & luggage handling included for a cost of \$765 pp double occupancy. Deposit checks ONLY of \$200 pp PAYABLE TO WESTINGHOUSE SURE by March 15 and send to: Gerry Angel, 111 Abington Drive, Pgh., PA. 15216. \ Balance of payment on or before May 1 directly to RoseMarie's Tours, 217 Lindenwood Drive, Pgh., PA. 15209-2076. Seat assignments on the motor coach will be in order of payment received. Come celebrate with us and explore America's beginnings!

**See a detailed itinerary on the next page.**

Trip departure will be from the Westinghouse Energy Center in Monroeville, where cars can be securely left for the duration of the trip. Complete itinerary will be on the SURE website at [www.westinghousesure.org](http://www.westinghousesure.org). Our trips have been filled in the past. To avoid disappointment, register early. Questions? Contact: Gerry Angel (412) 561-4241.

**JOIN US TO CELEBRATE AMERICA'S BEGINNINGS & 400<sup>th</sup> ANNIVERSARY**  
**VIRGINIA'S HISTORIC TRIANGLE:**  
**WILLIAMSBURG, JAMESTOWN, & YORKTOWN**  
**June 5-9, 2007**

**COST OF TOUR: \$765.00 pp double/triple \$965 single**

**Day 1 - June 5 (Tuesday)**

**6:30 am** Depart Westinghouse Energy Center, Monroeville

Comfort/lunch (on own) stops enroute

**4:00 pm** Approximate arrival & hotel check-in at Williamsburg

Presidents Park (new) – tour & dinner

Return to hotel, within walking distance of historic area.

Evening programs available at a 50% discount with your pass at minimal cost

**Day 2 - June 6 (Wednesday)**

Full breakfast (included)

Jamestown Settlement, Jamestown Fort, Powhatan Indian Village and the waterfront where we can climb aboard replicas of the three ships that brought the colonists to the free world.

Lunch (on own)

Jamestown Historical Center (new exhibits)– tour led by a ranger from the National Park Service.

**4:00 pm** Return to hotel. Dinner at one of Williamsburg's fine seafood restaurants (included)

**Day 3 - June 7 (Thursday)**

Full breakfast (included)

Yorktown Victory Center – chronicle of America's struggle for independence where costumed interpreters demonstrate the inhabitants of the early 1600's and invite us to participate.

Lunch (on own)

Williamsburg – docent led tour of experiences in the years of the American Revolution where we are invited to take part in everyday life against the backdrop of momentous, world-changing events.

Evening free to explore some of the varied entertainment venues in the historic area.

**Day 4 - June 8 (Friday)**

Full breakfast (included)

Norfolk Naval Station – tour of the complex by a Naval enlistee. We will see cruisers, destroyers, aircraft carriers, and frigates as well as historic homes. A tour of the battleship Wisconsin is included. The Wisconsin is one of the largest ships ever built by the US Navy. It was used in World War II, the Korean War, and Operation Desert Storm.

For those desiring a substitute for the naval base, a tour of a pound cake factory with baking demonstrations followed by a luncheon tea, will be an option.

Dinner and evening (on own) to catch up on what you may have missed

**Day 5 - June 9 (Saturday)**

Full breakfast (included)

Berkeley Plantation along the James River, tour mansion & garden of the birthplace of Benjamin Harrison, signer of the Declaration of Independence and William Henry Harrison, ninth US President, where the first Thanksgiving was held in 1619.

Comfort/meal stops (on own) enroute home

**10:00 pm** Approximate arrival in Monroeville

**Deposit check ONLY (\$200 pp) made payable to Westinghouse SURE by March 15** and send to: Gerry Angel, 111 Abington DR, Pgh., PA. 15216. Phone:(412) 561-4241. After this date the tour will be open to the general public. Please include names, addresses, and phone numbers of persons in your party with your check. **Additionally, please be sure to mark "yes" or "no" regarding your interest in the visit to the pound cake factory instead of the Norfolk Naval base on Friday, June 8.**

**Please note: Seating assignment on the motorcoach will be in order of payment received. There will be no reminder sent for final payment due date. Please mark your calendar that final payment is due on or before May 1, 2007.** Make check out to RoseMarie's Tours & send balance of payment (minus \$200 deposit) directly to: RoseMarie's Tours, 217 Lindenwood Drive, Pgh., PA. 15209-2076. Phone: (412) 821-0210  
Luggage tags & hotel phone numbers will be sent approximately 2 weeks before departure.

**TRIP INCLUSIONS:**

- \* Transportation in the newest state-of-the-art VCR/restroom equipped motorcoach
- \* 4 night's lodging at a comfortable property within walking distance of Colonial Williamsburg
- \* 6 meals – 4 FULL breakfasts & 2 dinners
- \* Five day pass for entrance to the "historic triangle"
- \* Docent-led tours of Colonial Williamsburg, Jamestown, Yorktown, Norfolk Naval base, Battleship Wisconsin, & Berkeley Plantation
- \* Optional pound cake factory tour
- \* Luggage handling for ONE piece of luggage per person
- \* Taxes and gratuities as described above
- \* Tour fully escorted by RoseMarie DeRiso of RoseMarie's Tours

**VERY IMPORTANT – PLEASE READ**

1. Since this trip is limited to 45 persons and our trips have been sold-out in the past, it is suggested that you reserve ASAP to avoid disappointment.

2. In the event of cancellation, refunds will be issued only if a replacement can be found. You are encouraged to consider trip cancellation insurance. Please call Travel Safe Insurance at 1-888-885-7233 to request application. Complete one application per person. Attach check & mail direct to company.

3. *This trip is an activity offered by Westinghouse SURE which has no responsibility with regard to such tours. Westinghouse SURE, RoseMarie's Tours/RoseMarie DeRiso, or any travel services it may use, act only as an agent for the tour member and are not liable in whole or in part to the tour member for any damage of personal or financial loss whatsoever to persons or property however caused during or in connection with these tours.*



**Westinghouse SURE  
G (W) RTP 401-5X50  
1349 Beulah RD  
Pittsburgh PA 15235-5069**

**ADDRESS SERVICE REQUESTED**

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15290  
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**See pp 9-10 for details.**

January 2007